

**PETERS TOWNSHIP SCHOOL DISTRICT**  
**CORE BODY OF KNOWLEDGE (CBK)**

**SCHOOL COUNSELING**

**3rd Grade**

For each of the sections that follow, students may be required to understand, apply, analyze, evaluate or create the particular concepts being taught.

**COURSE DESCRIPTION**

The Peters Township School Counseling Program promotes and enhances the learning process for all students through an integration of Academic, Personal/Social and Career Development. Key areas of focus include assisting students to acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span.

**STUDY SKILLS**

- Use effective communication skills to know when and how to ask for help.
- Identify how persistence and effort positively affect learning.
- Use effective coping skills.
- Apply conflict resolution skills.
- Personal goal setting.
- Demonstrate cooperative behavior in a group.

**MAJOR UNIT THEMES:**

**1. ACADEMIC DEVELOPMENT**

- Develop a broad range of interests.
- Demonstrate effort and persistence.
- Accept mistakes.
- Take responsibility for actions.
- Listen to learn and ask for help.
- Develop confidence to try new things.
- Demonstrate the relationship between interests and future work.
- Understands that balance between many interests, skills, and activities.
- Understand that the value of life-long learning is essential to achieving goals.
- Applying time management and task management is essential to the learning process.

**2. PERSONAL/SOCIAL DEVELOPMENT**

- Recognize, accept, respect, and appreciate individual differences and points of view
- Identify and express feelings and appropriate responses.
- Practice effective communication.

- Learn effective coping skills.
- Learn problem-solving strategies and conflict resolution skills to improve peer relations.
- Realize personal responsibility with regard to social issues and behavior pertaining to bullying
- Show respect for self and others
- Identify situations that may require adult assistance.
- Recognize there are consequences for decisions and choices.

### **3. CAREER DEVELOPMENT**

- Identify traditional and non-traditional occupations.
- Realize individuals have personal skills, interests, and motivations.
- Learn decision making and goal setting skills to make informed career choices.
- Recognize interests may change as an individual develops.
- Identifying interests, skills, abilities, and how they relate to careers.
- Understand working cooperatively with others will help develop skills needed for future careers.

### **4. MATERIALS:** Counselor prepared teaching materials and lesson plans

- The Seven Habits of Happy Kids, Sean Covey, 2008
- Covey 8 Habits poster
- *Use Your I's*, 2002 Communication and Self-Expression Game
- Rules for School, Alec Greven, 2010
- PATHS Volume 4. Lesson 62, pages 959-9667 "Goals"
- Mr. Peabody's Apples, Madonna, 2003
- Trouble Talk, Trudy Ludwig, 2008
- People, Peter Spier, 1988
- Hey Little Ant, Phillip and Hannah Hoose, 1998
- Simon's Hook, Karen Gedig Burnett, 2000
- School-to-Career Connection Grade: Dream Jobs (identify a job that relates to something the student enjoys doing?)

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